

If your Group is looking for a challenge and some exercise at the Bungendore Show next Sunday 31 January, then read on.

#### The 6th Annual Jack Fletcher Memorial Tug-O-War

- **Date and time:** 31 January 2016 **10:00AM**
- **Rules and format:** See below
- **Point of contact:** Peter Hugonnet . See details below.
- **Cost of entry:** Nil.
- **Admission to the Show:** Free for registered team members.
- **Age of participants:** 17 and below for Juniors and 18 and above for the Men's and Women's teams.

As participants enter the showground area they will need to identify themselves to one of the entry control staff who will have a list of all participants. There will be no entry charge for participants but there will be for any non-participants accompanying them. A team representative will be responsible for organising their team to be at the nominated TOW area at **9:30AM** and to make themselves known to the coordinator of the competition - Peter Hugonnet 0418676827.

#### Rules:

- The draw for the first round of competition will be available on the day. Each team will consist of **6** members.
- Gloves may be worn if desired.
- The rope we will use will be marked at the centre, 3m and 5m points.
- Each competition is the best of **3** pulls and teams will change ends after each pull.
- A coin toss will determine which team will be invited to select their first end.
- The rope will be placed on the ground with the centre marker on the rope being aligned with a mark in the ground.
- Teams will adopt their starting position by having the team line up to the rope, facing the opposition, with the first member standing at the 5m point from the centre.
- When teams are ready the controller will give the direction **Take up the rope**.
- Both teams will pick up the rope and adjust their positions **without straining the rope**.
- The next command will be **Take the strain**. Teams then strain the rope and may be required by the controller to move forward or back to position the centre mark on the rope in line with the ground marker.
- When the rope is in position, and both teams are steady, the command to **Heave** will be given.
- The pull will be decided when one of the 3m marks on the rope crosses the centre line on the ground.
- The controller's decision, or that of a nominated judge, as to the winner of each contest will be final.

3. The winner of the final best of three pull-offs in each of the Competition Groups will be as follows:

Juniors: \$250  
Women: \$400  
Men: \$500 + LTCOL Jack Fletcher GM Memorial Tug- of -War Competition Trophy.

The Prize Money can then be given to a charity or community cause of the winner's choice.

4. For your consideration and apologies for the short notice of the Tug-0-War.

Regards,

***Peter Hugonnet***

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